



Port Moody Times

Thursday January 30, 2025 Day 2

Will the following students please see Ms. Elliott ASAP

Josh G., Tristan B., Yeoeun A., Yuriko S., Isabella T., Dain S., Emma A., Shabbir B.

STUDENTS (JP-NEB)

Students with the last names ending in Jp-Neb who had Mr. Gibney as their counsellor are asked to refrain from emailing Mr. Gibney as he is and has been on leave since before winter break and unable to answer your messages. Kindly direct your emails to Dr. Maierle as she is currently filling in for him until further notice.

Programming Process for Grade 10 & 11 Dogwood students: Counsellors will be having programming assemblies during block 2 on January 30th. It is essential that you attend these to review the process, have some insight on post-secondary requirements, and ask questions. This process will be completed on the MyEd portal, and your decisions on what to take may be influenced by what programs you are interested in after high school. Your block 2 teachers will bring you at the appropriate time (First half of block 2, grade 10s & Second half of block 2, grade 11s). IB grade 10/11 students have already completed their programming, so IB grade 10/11 students need to attend their scheduled classes.

GRADE 9 IMMUNIZATIONS

The grade 9 students received their immunization package from the Fraser Health Authority: Tri Cities Public Health on Monday, January 27th. Public Health nurses will be at PMSS on Wednesday, February 19th to immunize Grade 9 students. If you would like your child to be immunized, please complete the immunization package and have your child return it to the school by Thursday, January 30th. If your child is unable to attend on February 19th, we will have two follow-up days: Monday, March 3rd and Tuesday, March 11th.

ART

You are invited to the SD43 Grade 12 Exhibit showcasing artwork from across the district. This free public exhibit is on now through to March 12th. It includes art from several PMSS grads.

home to our
arts community

**PLACE
DES
ARTS**

Exhibitions

On view at Place des Arts: January 17 - March 13, 2025*

Online at placedesarts.ca: January 24 - March 13, 2025*

Opening Reception: January 17, 7:00 PM - 9:00 PM



SD43 Grade 12 Art Students
Emerging Talent 27
Image: *Dopapills*, Kayla Kim (Class of 2024)

*Emerging Talent 27 is on view at Place des Arts and online until March 12

SPARCS WORKSHOP FOR GRADE 9 AND 10 STUDENTS

Greetings from the [Centre for Education in Mathematics and Computing \(CEMC\)](#) at the University of Waterloo.

We are delighted to inform you that the CEMC is now accepting applications from grade 9 and 10 students for the [Seeing Possibilities and Rewards in Computer Science \(SPARCS\)](#) workshop.

SPARCS is a week-long, immersive workshop, designed to ignite enthusiasm for computer science in students who have little or no previous exposure to the subject.

Audience: Students belonging to gender identities under-represented in computer science. Applicants must be in grade 9 or 10, interested in mathematics and computer science, and currently attend a Canadian high school or middle school.

Dates and location: May 4 to May 10, 2025, in-person at the University of Waterloo.

Application deadline: February 12, 2025 [Click to download the SPARCS poster.](#)

KARAOKE CLUB

Hi PMSS! Karaoke Club is organizing our second Voice of PMSS. Are you ready to showcase your singing and performance? Here's a **chance to showcase your vocal abilities, win a gift card up to \$50, and a performance opportunity at Spring Fling (our school's annual Spring festival).**

- Auditions will be held on February 6 and 7
- Deadline to sign up for auditions extended to January 31
- Solo or in groups of up to 5 members
- 1 - 2 minutes of singing in any genre/language
- It can be acapella, with a backing track, or with an instrument
- You are to bring your own backing track and instrument unless notified to us (ex. Piano)

Prizes:

- 1st place: \$50 gift card and a chance to perform at the Spring Fling
- 2nd place: \$20 gift card
- 3rd place: \$10 gift card
- Gift cards are decided by winning contestant

We encourage everyone to audition!

If you have any further questions, email 088-ylee@sd43.bc.ca or 088-aku@sd43.bc.ca

<https://forms.office.com/r/eedMnpNei2>

TUTORING CLUB IS BACK!

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It’s a drop-in program, you don’t need to sign-up for tutoring! If you’re interested in being a tutor, please see Ms. Nembhard in the office.

BLUES RUN CLUB (SUN RUN)

Are you an amateur runner or wanting to break a new personal best? Join the Blues Run Club 10k Sun Rype Youth Team Challenge with Port Moody Secondary next April! Students + friends and family welcome! (signing up with us is cheaper than individual pricing). Contact 088-jryu@sd43.bc.ca for more information.



Gathered Vintage Markets at Port Moody Secondary School:

We are hosting two special **Vintage Markets** in our school gym on March 15th & May 10th. Entry is by donation, and all funds raised will support the After Grad celebration for our graduates. Join us for this fabulous event. We look forward to seeing you there!

**Port Moody Secondary School Gym
March 15 & May 10, 2025
10:00 AM - 4:00 PM**

👉 We're currently accepting vendors! For more details and an information package, please email jhcherish@gmail.com.

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

TRANSLINK

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that is safe for everyone!

PMSS TIMES: The PMSS Times will be distributed on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)

Vancouver Film School is hosting an Open House on Saturday, February 8th 2025 from 10am – 1pm at their campus at 151 W Cordova St. Explore our world-class production centre in-person! From our award-winning industry production programs to our part-time online offerings, post-graduate degree options, and scholarship opportunities, you will get the full scope of the VFS student experience. To register, click [HERE](#)!

Douglas College is coming to Port Moody Secondary on Monday, February 10th at lunch (11:06am) in the library! This info session is designed for students who have applied and are ready to learn about next steps (although prospective students are also welcome to attend). Topics such as course registration, admissions, financial aid and student services will be covered. Bring your questions, and receive answers about the next steps at Douglas!

Understanding Art & Design Schools in the US (online webinar) is happening on February 13th, 2025 at 4:15pm. This session will provide valuable insights into the wide range of opportunities available at art and design schools across the U.S. We'll be joined by experts from several Arts institutions, who will present on key topics such as program offerings, the admissions process, and what students can expect at these schools. To register, click [HERE](#)!

BCIT Big Info Night is happening February 19th from 4pm – 7pm at BCIT Burnaby Campus! Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs - from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. It's free. It's lively. It's a night of possibilities. Have a chance to win one of three \$1000 tuition prizes by completing the registration. Registrants will be emailed a post-event survey after the event to complete in order to enter. If interested, click [HERE](#) to register!

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

Coquitlam Public Library – Science Expo invites science-loving students to exhibit their amazing experiments and innovations for parents, judges, and members of the public on Saturday, May 3rd 2025 at Coquitlam Campus of Douglas College! Gr. 12's and 11's have the chance to win \$1000- \$2000, while Gr. 9's and 10's have the chance to win \$100 - \$200 in gift cards. If interested, apply [HERE](#) by Sunday, February 23rd, 2025!

Vancouver Film School – Creative Break features 2 day workshops led by experienced professionals in Film Production, Acting, Animation, Make-up Design, Sound Design, and Foundation Visual Art & Design. You will learn about BC's booming creative economy, get a taste of our industry-leading production programs, and discover how 1 short year of training at VFS launches your career in the creative industries! The dates are March 17-18, 19-20, 24-25 & 26-27 from 9am - 4pm each day. The cost is \$200-225 per workshop and will take place on the VFS campus. If interested, please register [HERE](#) by March 10, 2025.

UBC – Archimedes Talk Speaker Series – is back on February 2nd, March 2nd, and April 6th from 10:30am – 1:30pm at UBC – Rm 261 of the Irving K. Barber Learning Centre! The fee is \$20 (which includes all 3 talks and lunches), but scholarships are available in case of financial hardship. This is an opportunity for students in high school to hear from researchers about Math and STEM and to consider topics they might want to study in university. For more info, click [HERE](#), and to register, click [HERE](#)!

The Yes (Youth Excellence Society) Summer Camp is open for registration to all Gr. 9-12 students! The YES offers Vancouver Island, BC summer camp programs for 14-18 year olds that range from July 6 to August 23. Expand your leadership and team building skills while connecting with youth from around the province. We look forward to providing community spaces that focus on building leadership, resiliency, connection, mental wellness and more! Total camp fees will be \$1025 for one week. For more info or to register, click [HERE](#)!

LaSalle College – SWEAT 2025 is back on for March 24-27 2025 from 9am – 3pm! Gain new skills and receive 30 hours of collaborative, hands-on work experience in one of the following creative programs: Animation and 3D modeling, Culinary & Baking and Pastry Arts, Digital Media Content Creation, Fashion Design, Game Design, Graphic Design, Interior Design, Jewelry Design, and Professional Recording Arts. This program is open to students in Gr. 11 & 12 and will be located at LaSalle College in Vancouver. If interested, click [HERE](#) to register (application fee is \$150)!

Dream It, Be It Girls Conference 2025 is happening on February 28th from 10am – 3pm at Kwantlen Polytechnic University for students 13-18 who identify as a woman, transgender, or non-binary. This conference is a unique opportunity for you to explore their dreams and discover their potential. Through interactive workshops, engaging speakers, and empowering activities, we aim to inspire and support girls in pursuing their passions and achieving their goals. To register, click [HERE](#)!

Youth4Action – Think Global, Lead and Act Local – From Source to Sea Leadership Program is looking for high school students across Metro Vancouver who are interested in making a positive impact and taking action for sustainability for a fun, experience-based leadership program! This program will take place from March 17-19 from 9am – 3:30 at either Metro Vancouver Head Office or Creekside Community Centre. If you want more information, or to register, click [HERE](#)! Please register by February 26th, 2025.

Trades and Apprenticeship Information

For current and ongoing opportunities, please visit [HERE](#)!

Volunteer/Employment Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* City of Port Moody – Summer Playground Leader** is looking for students completing Gr. 12 that have experience working with children to lead activities and supervise children at various facilities throughout the city. Leaders will be involved in sports, arts, and outdoor recreational activities. Applicants must be committed to work from Friday July 2nd to August 22nd 2025, and will be compensate \$27.63/ hr. If interested, apply [HERE](#) by April 21st, 2025 at 4:30pm.

***NEW* Federal Student Work Experience Program** is an on-going program for students searching for full-time or part-time work for the Government of Canada! As the country's largest employer, we are proud to hire thousands of students every year to support us in delivering services to Canadians. We have a wide variety of jobs from coast to coast, in diverse fields, such as administration, agriculture, communications, enforcement, finance, IT, policy, and many more. Students work in offices and laboratories, on ships and farms, at historical sites and national parks, among many other locations, in more than 300 cities and towns across Canada. Compensation is between \$17-\$36/ hr. For more info, or to apply, click [HERE](#)!

Pedalheads Swim (Fremont location) is looking for energetic, fun staff who have a love for working with children and are ready to dive into their Aquatic career! Have your certificates? Apply to be a Swim Instructor today! Standard First Aid with CPR-C and a Swim for Life Instructor is required. Missing the Instructor certification? Apply for our FREE Instructor courses *Bronze Cross and Standard CPR-C must be valid for this course. Not yet 15 years old? Apply to be a Jr volunteer *Bronze Medallion and 13 years+. For more information about our Swim department jobs or to apply follow the link [HERE](#). PedalHeads Swim is also coming to visit Port Moody Secondary on Friday January 31st at lunch in the MPR! Please come and learn more then!

Scouts Canada is looking for both students that want to be a part of scouts and those who would like to volunteer and get hours. They are holding an Open House at Town Centre Park on February 4th and 10th from 6pm – 7pm. To RSVP, click [HERE](#)!

Rainforest Adventure Spring Break Camp is looking for volunteers 13+ for their non-profit spring break camps. They are looking for patient, kind, fun, and respectful people who enjoy recreation, games and working with kids and youth. Activities include swimming a few days a week, games, sports, arts & crafts, and more. For more info, or to apply, click [HERE](#)!

City of Port Moody – Aquatic Leader I is looking for enthusiastic, energetic individuals to provide swim lesson instruction and lifeguarding, for all age levels at either of our outdoor aquatic facilities from approximately mid-June to September 2025. Applicants must have related experience with swimming instruction, life guarding, computer, and cash handling, National Lifeguard Pool Option, Lifesaving Society Swim Instructor, Standard First Aird and CPR-C and AED and excellent communication and customer service skills. Compensation for this role is \$27.63/ hr. If interested, please apply [HERE](#) by February 3rd, 2025.

Scholarship / Awards

For current and ongoing opportunities, please visit [HERE](#)!

ATTENTION Gr. 12's – Scholarship Meeting #2 (PMSS Scholarship Package launch) will be happening February 12th, 2025 at Lunch in the Gym! All interested domestic graduating students are welcome to attend a presentation that will cover the PMSS Scholarship Package including what is in it, how to apply, and other details such as: the \$1250 District

Authority Awards, PMSS specific bursaries/ scholarships/ awards, SD43 specific awards, community (external) awards. The scholarship will be launched after this presentation. Hope to see you all there!

***NEW* BC School Sports Scholarships** (varies depending on scholarship, but \$20,000 worth) is looking for students that demonstrate excellence in scholastic and athletic pursuits. Successful candidate will be student-athletes who have balanced their high academic achievements with significant success at school and contributions to their community. Must meet specific criteria to individual scholarships as well. If interested, please apply [HERE](#) by April 25, 2025 at 4pm.

***NEW* Troop 17 Scholarship** (value: \$1000) is open to any Canadian or Permanent Resident student who is or will be enrolled in a full-time accredited Canadian college or university. They must have demonstrated that they have made significant efforts in preventing bullying and harassment in their schools and/ or communities and explain how they continue to promote anti-harassment and anti-bullying principles in their schools and/ or communities. If interested, please apply [HERE](#) by April 30th, 2025!

***NEW* Confratellanza Italo-Canadese 2025 Scholarship** (\$1000) is available for students of Italian origin (ie. One parent or grandparent of direct Italian descent) and have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice. To apply, click [HERE](#) by June 15th, 2025.

***NEW* Canadian Iranian Foundation 2025 Scholarship** (\$1500 - \$2000) is available for students of legal status in Canada that is enrolled in a Canadian post-secondary institution. Students must be well-rounded and shown great effort to integrate into Canadian and Iranian society by having at least 20 hours of community service and is willing to volunteer at least 20 hours at CIF events (before or after receiving the scholarship). Please apply [HERE](#) by June 15th 2025.

***NEW* Tessa Beauchamp Foundation Scholarship** (\$1000) is available to any Gr. 12 student graduating in BC willing to provide a “snapshot” of related activities and endeavours in their own lives. Please apply [HERE](#) by June 15th, 2025.

***NEW* SingSpire Youth Scholarship** (value: \$600) is open to applicants from Metro Vancouver and between the ages of 15-20 on the application deadline. The applicant must be involved in a school or community choral program, does *not* have to be pursuing a career in music and must not be a previous winner of Elektra’s Youth Scholarship. If interested, please click [HERE](#) to apply!

Skills for Hope Foundation Scholarships (\$1500) is looking for students entering or continuing post-secondary at a college or university located in Canada for the Fall of 2025. Candidates must demonstrate involvement with community service or volunteerism, and demonstrate the ability to overcome challenges to achieve their goals. If interested apply [HERE](#) by March 17th, 2025.

Youth of Canada Award (3x \$500) is open to any Canadian students 14-18 years old who is currently enrolled in high school or post-secondary and demonstrates community involvement, impactful experiences and creativity. If interested, please apply [HERE](#) by March 17th 2025.

Retail Council of Canada Scholarship (value: \$3000- \$5000) is looking for students currently enrolled full-time or part-time at a Canadian college or university for the Fall of 2025 that is pursuing business, retail, fashion, marketing or any other retail related program. Students must also be currently working part-time or full-time within the retail industry. If interested, apply [Here](#) by March 28th, 2025.

BC Retired Principals’ and Vice-Principals’ Association (BCRPVPA) Scholarship (value: \$1000 x 10) is open to graduating students from the BC who are continuing their education at a post-secondary institution. Applicants must have demonstrated leadership and service activities within the school and community, as well as academic skills. Financial need is taken into consideration. If interested, apply [HERE](#) by March 31st 2025.

UFCW & OFG Joint Diversity Scholarship (\$1000) is open to any BC resident who will be pursuing Post-Secondary education at an accredited institution within the province of BC in the Fall of 2025. They must not be a team member of Save-on-Foods or a dependent of a team member and not a previous recipient of the Diversity Scholarship. The student must have contributed to diversity awareness and acceptance in your community. If interested, apply [HERE](#) by May 1st 2025.

BC Scholarship Society – Indigenous Awards (value: \$1000 - \$5000) is open until April 2nd 2025! If you are a Canadian or Permanent Resident or Refugee First Nations (status or non-status), Inuit, or Metis who is a resident of BC and is planning to study full-time a BC public post-secondary institution or Indigenous post-secondary institution, consider applying [HERE](#)!

Optimist International Essay Contest (\$2500) is open for all students under 19 who have not completed secondary school or its equivalent yet. Contestants must submit essays of 700-800 words in length on a pre-assigned topic. The topic for 2024-25 is “How Optimism has paved my road to success”. If interested, apply [HERE](#) by Jan 31st, 2025.

Shashi Assanand Bursary (value: \$1000) is open until May 15th 2025. If you are a female student in a Metro Vancouver school who is completing Gr. 12 and is a child of refugees or immigrants and is interested in pursuing a career in social work, education, psychology, nursing or social service and possess academic grades sufficient to allow admission into their chosen area of study/ educational facility and demonstrate financial need, please see the PMSS Career Centre TEAMS page or [website](#) for the application forms needed in order to apply.



ELEMENTARY

July 8 – July 25, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

Free to all BC residents, SD43 Residency requirements apply.

04
MAR

Registration
6:00am

Registration
6:00am

07
MAR

MIDDLE

July 8 – July 25, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

SECONDARY SKILL BUILDING

July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

Free to all BC residents, SD43 Residency requirements apply.

07
MAR

Registration
6:00am

Registration
6:00am

06
MAY

SECONDARY FULL CREDIT

July 2 – August 7 (6 weeks)

8:00am – 11:30am OR 12:00pm – 3:30pm

2 LOCATIONS

Face-to-Face or Online Blended Fast Track

Courses: Life Science 11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.

Free to all BC residents, SD43 Residency requirements apply.



www.sd43SummerLearning.ca/Phone 604-936-4261

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

Next PAC Meeting will be on Tuesday February 4th at 7pm in Room 222.

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

YOU ARE INVITED TO

"HOW TO TALK TO YOUR YOUTH ABOUT SUBSTANCE USE"



Join SHARE's Youth Substance
Use Services Program
in a virtual presentation about
supporting youth on the topic of
substances and substance use.

FEBRUARY 12 2025

6:30-8:00

VIRTUAL ON ZOOM

RSVP via this link or QR
code below:



Topics will include:

- Adolescent brain development
- Adolescence and substance use
- Adolescence and mental health
- Continuum of use and parenting at various stages
- Tips for your approach
- Self-Care
- Time for Q&A
- Resources for further support and learning



Visit our website
for more resources

GRAD



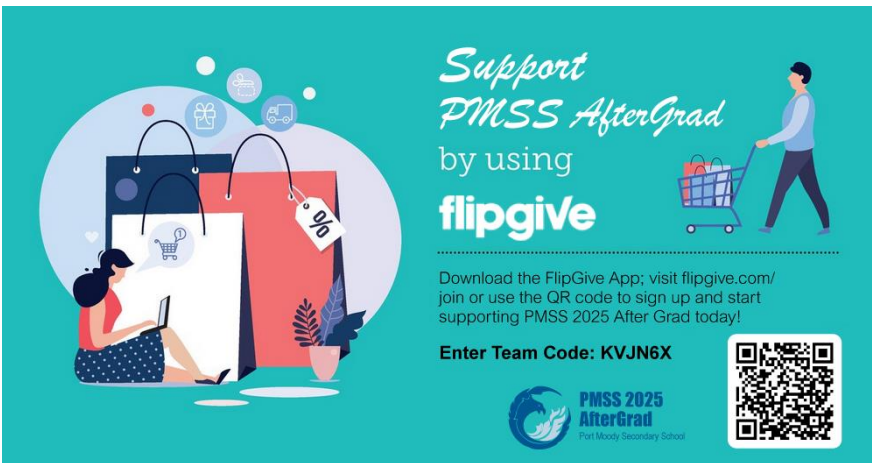
AFTER GRAD FUNDRAISERS

After Grad Fundraising

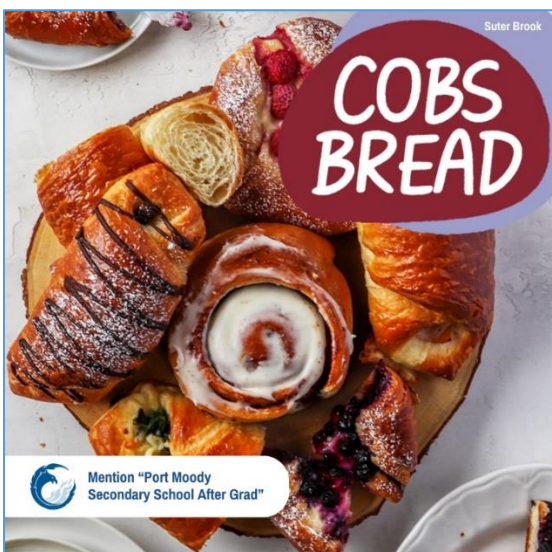
Growing Smiles Plant Sale & Neufeld Farms: A Big Thank you!!

We had a great pickup event this week and thank you to everyone who placed orders and who volunteered to make this a success! We raised just over \$1600 towards After Grad with your support!!

The After Grad Committee is excited to offer a variety of easy ways to support our After Grad fundraising efforts year-round! Each of these local businesses generously donates a portion of their sales. Simply make mention when you make a purchase, and you'll be contributing to a fantastic cause. Here are a few great options:



FlipGive Online Shopping & Gift Cards – Shop at participating stores year-round using our team code **KVJN6X**. A percentage of each purchase supports After Grad. This is the perfect opportunity to support After Grad whether shopping for gifts or everyday essentials.



Cobs Bread at Suter Brook – Enjoy delicious fresh-baked goods, and a portion of your purchase will go towards our fundraising efforts when you mention "Port Moody Secondary School After Grad".

ALL YEAR
NOW-JUNE

PORT MOODY

liquorstore

ST. JOHN'S & WILLIAMS

Mention "PMSS After Grad"
while shopping to support
Port Moody After Grad.



AfterGrad
PMSS 2025

Mention
"PMSS After Grad"

Port Moody Liquor Store – Pick up your favourite beverages and support After Grad at the same time by mentioning "PMSS After Grad" at checkout when shopping at Port Moody Liquor Store on St. Johns Street.





AfterGrad
PMSS 2025

Support by using
Acct # 604-928-1421

Return It Express – Recycling bottles and cans at any Return It Express is a great way to support PMSS After Grad throughout the year. Simply use account "604-928-1421" when you drop off your recyclables, and this will go towards After Grad fundraising efforts.

SCHOOL
CASH ONLINE



AfterGrad
PMSS 2025

Available Now on
School Cash Online

School Cash Online – Parents can now donate directly to After Grad.
The school will also accept cheques made payable to ‘Port Moody Secondary School After Grad’ from friends and family.

Like & Share After Grad posts on [Instagram](#) & [Facebook](#) to help spread the word about our fundraising initiatives.

COMMUNITY



SCOUTS CANADA

OPEN HOUSE

RSVP: 

FEB 4TH & FEB 10TH
AT TOWN CENTER PARK

ALL AGES 6PM- 7PM



Join the
Tri-City Eagles
Field Hockey
Club

FOLLOW US 
@tcefieldhockey

WWW.TCFIELDHOCKEY.COM



Mites / Mini (U10)
EARLY BIRD PRICING ENDS FEB 15

INFORMATION



Junior (U11-U18)
EARLY BIRD PRICING ENDS FEB 1

INFORMATION

Register Now
2025

Early Bird Pricing Open Until:
February 1st for Juniors
February 15th for Mites/Minis



Free Winter Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting February 2025 on Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health-community
generationhealth@bc.ymca.ca



YOUTH LOUNGE & DROP-IN GYM SCHEDULE

A DROP-IN SPACE FOR GRADES 6-12

RECREATION COMPLEX



SOCIAL SPACE



WII AND XBOX ONE



POOL TABLE



GAMES AND EVENTS

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	6-10pm Drop-in Youth Lounge (Free)	5-9pm Drop-in Youth Lounge (Free)
	6-7:45pm Drop-in Gym (\$2.25)	6-7:45pm Drop-in Gym (\$2.25)	6-10pm Drop-in Gym (\$2.25)	5-9pm Drop-in Gym (\$2.25)
			6-9pm Drop-in Breakdancing 16+ Aerobics Studio (\$2.25)	

@pomoyouth
portmoody.ca/youth

PORT MOODY
CITY OF THE ARTS